

MEMBER DISCOUNT HIGHLIGHT



SparkJoy Wellness Wellness for all ABC Members



MIABC Wellness is available to Individuals and businesses of any size. ABC Greater Michigan Chapter has created a new partnership with SparkJoy Wellness to deliver a sustainable wellness program that will **improve the culture of well-being in the workplace**, while achieving the impact you deserve from an investment in employee well-being.



MIABC Wellness is a corporate wellness program created to **improve employee engagement** and foster a culture of wellness in small - medium sized businesses. We give you all the benefits of a comprehensive and **engaging wellness program** that's easy to implement and doesn't break the bank.



Interactive Tools

Access to challenges, fitness videos, nutrition tracking, and goal setting tools.

Healthy Habits

Inspiration with a chance to earn points for completing challenges, logging activity, eating your fruits & veggies, drinking water, there might even be a bonus points for taking a nap!

Leader boards

For teams and individuals to instill motivation and encourage each other with prizes available for all!



Currently, only **ACTIVE ABC Greater Michigan Chapter members** are able to sign up for the benefit. Costs vary on the plan, but Individuals are \$50 for the year, Business plans start at \$599 for up to 25 employees per year and \$20 for each additional employee.



MIABC Wellness was designed to engage any size business in the kind of fun, effective and dynamic wellness that has long been out-of-reach.

TAKE ADVANTAGE OF THIS BENEFIT & RECEIVE:

- MIABC Wellness Community
- Fitness Videos & Tracking
- Nutrition Tracking & Meal Plans
- Fitness & Wellness Challenges
- App & Device Integration
- And there's even prizes!
- **AND MUCH MORE!**



Begin building your happier, healthier future today by following these 3 simple steps at **join.miabcwellness.com**

1. Choose your plan
2. Submit payment Registration
3. Login to begin at <http://www.miabcwellness.com>

For More Information: Please visit join.miabcwellness.com or contact SparkJoy Wellness support at member.registration@miabcwellness.com

This member benefit is made possible by the partnership between ABC, Greater Michigan Chapter and SparkJoy Wellness. For the full listing of ABC Discounts please visit: www.abcgmc.org